

FOOD friends FUN **August 2017** **SEGUE - IFL**

Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Welcome Back Segue!..



... here's to an Amazing School Year!

More Info...

Milk Available Daily:
Fat Free, 1% White, Fat Free Chocolate

All Meals Come with:
*Your choice of up to five components:

- Grain
- Meat/Meat Alternate
- Fruit
- Vegetable
- Fluid Milk

Students **MUST** take at least 1/2 cup of fruit OR vegetable for a meal.

To support the updated meal requirements, our menus feature low and non-fat dairy options; lean protein choices; a wide variety of fruits and vegetables including dark leafy greens, bright orange carrots and peas and beans; assorted whole grain products; and 100 percent fruit juice with no sugar added. We continue to reduce added fats, sugar and salt; and eliminated added trans fats.

Brett Nadeau
Foodservice Director
401-727-7713

<p>14 No School Holiday Victory Day</p>	<p>15 Chili Cheese Dog Chicken Salad Sandwich Chef Salad w/ Flatbread Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>16 Siracha Cheeseburger Chicken Salad Sandwich Chef Salad w/ Flatbread Pizza Station Chicken Patty Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>17 Grilled Ham N Cheese Chicken Salad Sandwich Chef Salad w/ Flatbread Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>18 Pizza Station Sun Butter/Jelly Fruit and Veggie Bar Dismissal at 1:30</p>
<p>21 Spicy Pineapple Chicken Sandwich Turkey Santa Fe Wrap Chicken Chef Salad Pizza Station Chicken Patty Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>22 Philly Cheesesteak Turkey Santa Fe Wrap Chicken Chef Salad Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>23 Chili Mac n Cheese Turkey Santa Fe Wrap Chicken Chef Salad Pizza Station Chicken Patty Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>24 Turkey/Gravy/Stuffing Turkey Santa Fe Wrap Chicken Chef Salad Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>25 Pizza Station Sun Butter/Jelly Fruit and Veggie Bar Segue Field Day Dismissal at 1:30</p>
<p>28 Spaghetti/Meatballs Tuna Salad Sub Kickin Pinto Salad w/chips Pizza Station Chicken Patty Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>29 Chicken Patty Parm Tuna Salad Sub Kickin Pinto Salad w/chips Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>30 Chicken Drumstick Tuna Salad Sub Kickin Pinto Salad w/chips Pizza Station Chicken Patty Sun Butter/Jelly Fruit/Veggie Bar</p>	<p>31 Meatball Pizza Sub Tuna Salad Sub Kickin Pinto Salad w/chips Pizza Station Cheeseburger Sun Butter/Jelly Fruit/Veggie Bar</p>	

SEGUE INSTITUTE FOR LEARNING – GO FALCONS!!



ARAMARK is committed to serving healthy, nutritious meals to our students. We have always set high nutrition standards for school meals and have further updated those standards as a result of the new USDA meal requirements for the National School Lunch and School Breakfast Program, which became effective on July 1, 2012.

Menus are subject to change without notice.

